

Age Policy and Useful Information

WORLD CHAMPIONSHIPS - general

As a result of high demand, the majority of ILCA World Championships are allocated place events. The number of places a country receives for their sailors to participate in a World Championship is based on the number of paid members in that country.

YOUTH AGE CHAMPIONSHIP POLICY

The ILCA dinghy is widely used as a youth training and racing boat. The chart below illustrates a typical progression and suggested age limits for prizes at youth events. The stepped progression maintains interest throughout youth years for different rates of growth.

Age*	12	13	14	15	16	17	18	19	20
Birth Year**	2011	2010	2009	2008	2007	2006	2005	2004	2003
ILCA 4	UNDER 16				UNDER 18				
ILCA 6 Youth			UNDER 17		UNDER 19				
ILCA 6 Women					UNDER 21				
ILCA 7 Men					UNDER 21				

* The age the competitor **becomes** in the year of the Championship

** The year in which the competitor must have been born **FOR A 2023 CHAMPIONSHIP** using this guide

Within these age limits there will be a wide variation in weight for a given age, therefore some overlap is necessary. The age bands for each rig show suggested main prize categories even when the total entry for a rig is starting together. In larger events, prizes for more age groups within the band limits may be awarded to generate even greater interest.

In general, ILCA recommends that youth events be held in ILCA 4 and ILCA 6. ILCA also supports an "Under 21" category (17 - 20 years old in the year of the championship) for the ILCA 7 Men and ILCA 6 Women categories.

In 2023 ILCA will organise Youth World Championships in the ILCA 6 and ILCA 4, following the above age limits, as well as an "Under-21" World Championship for the ILCA 7 Men and an "Under-21" World Championship for the ILCA 6 Women.

Competitors in Youth World Championships will normally be in the upper age limits and will be capable of sailing at a high level. They should be experienced in big fleets and able to sail well in all conditions, including waves and high winds. Entering a World Championship without experience and ability in all racing conditions is not recommended, especially if a sailor is not physically capable of handling the boat.